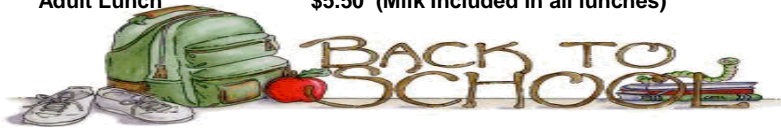









Cost:
 Breakfast \$1.10 Adult/Non MES student breakfast \$2.40
 Student Lunch \$2.50 Milk Only \$.60
 Break/lunch Reduced Meal \$.30/.40
 Adult Lunch \$5.50 (Milk Included in all lunches)



BREAKFAST: 7:15 – 7:45 A.M.
 NOTE: MENU SUBJECT TO CHANGE

Breakfast/Lunch Menu



Mon	Tue	Wed	Thu	Fri
	1 	2 	3 	4 
7 	8 Breakfast: Breakfast Chicken Patty, Steamed Rice, Mixed Fruits, Apple Juice Lunch: Beef Hot Dog WG Bun Potato Rounds, House Salad, Apple Wedge, Shortbread Cookie	9 Breakfast: Maple Pancake Wrap, Slice Peaches, Craisins Lunch: Beef Stew Steamed Rice, WG Roll, House Salad, Dice Pears	10 Breakfast: Portuguese Sausage, Steamed Rice, Fresh Fruit in Season Lunch: Breaded Chicken Nuggets w/ Sauce Steamed Rice, Pan Roasted Vegetables, Hummus, Baby Carrot, Pineapple Chunks	11 Breakfast: Fresh Bake Cinnamon Rolls, Pineapple Chunks, Orange Wedge Lunch: Bake Creole Macaroni, WG French Roll, House Salad, Fruit Slushy
14 Breakfast: Apple Pastry, Fresh Orange Wedge, Apple Juice Lunch: Pepperoni Pizza, Coleslaw Fresh Broccoli & Baby Carrots, Chilled Peaches	15 Breakfast: Mini Pancakes, Fresh Banana, Fresh Apple Wedge Lunch: Chili w/ Cheese WG Roll, Potato Wedge, Rainbow Salad, Fresh Fruit in Season	16 Breakfast: Fried Rice & Eggs, Mixed Fruits, Orange Juice Lunch: Fried Saimin & Egg Roll House Salad Grape Tomato Fruit Juice (apple)	17 Breakfast: Cinnamon Toast, Ham Links, Pineapple Chunks, Craisins Lunch: Beef Hot Dog WG Bun, Bake Beans, Rainbow Salad, Fruit Slushy	18 
21 Breakfast: Cinnamon Bagel, Pineapple Chunks, Apple Juice Lunch: Beef & Bean Burrito, Curly Fries, Lettuce & Tomato, Fresh Melons in Season Gr K/1 – Artic (blue)	22 Breakfast: Breakfast Quesadilla, Fresh Strawberries, Grape Juice Lunch: Teri Cheese Burger on WG Bun, Bake Beans, House Salad, Baby Carrots, Fruit Juice (orange) Gr 3/PS/2- Artic (blue)	23 Breakfast: Cereal (Rice Krispies), WG Toast & Jelly, Mixed Fruits, Craisins Lunch: Vegetarian Lasagna Pan Roasted Vegetables Apple Wedge Applesauce Muffin	24 Breakfast: Greek Yogurt, WG Cinnamon Toast, Fresh Papaya, Orange Juice Lunch: Turkey pastrami Sandwich, House Salad, Baby Carrots, Fruit Cocktail Gr 4/5 – Artic (blue)	25 Breakfast: Bumbucha Biscuit, Bake Turkey Ham, Peaches, Orange Juice Lunch: Mock Lau Lau Steamed Rice, Lomi Lomi Tomato, Pineapple Chunks Gr 6 – Artic (blue)
28	29	30	31	
Breakfast: Belgian Waffle w/ Syrup, Mixed Fruits, Grape Juice Lunch: Cheesy Chili w/ Tater Tots and Biscuit, House Salad, Apple Wedge, Shortbread Cookie Gr K/1 – Artic (wht)	Breakfast: Breakfast Burrito w/ Taco Sauce, Pineapple Chunks, Apple Juice Lunch: Breaded Chicken Strip w/ Rice, House Salad, Mixed Fruits Gr 3/PS/2 – Artic (hwt)	Breakfast: French Toast w/ Syrup, Fresh Strawberries, Orange Juice Lunch: BBQ Pork Sandwich w/ Coleslaw House Salad Fruit Slushy	Breakfast: Breakfast Pork Patty w/ Biscuit & Gravy, Slice Peach, Craisin Lunch: Vegetarian Patty w/ Gravy Steamed Rice Pan Roasted Vegetables Hummus, Baby Carrot, Pineapple Chunks, Gr 4/5 – Artic (wht)	