








Cost:
 Breakfast \$1.10 Adult/Non MES student breakfast \$2.40
 Student Lunch \$2.50 Milk Only \$.60
 Breakfast/Lunch Red. Meal \$.30/\$.40
 Adult Lunch \$5.50 (Milk Included in all lunches)



BREAKFAST: 7:15 – 7:45 A.M.
 NOTE: MENU SUBJECT TO CHANGE



Mon	Tue	Wed	Thu	Fri
1 	2 	3 	4 	5 
8 Breakfast: Pepperoni Pizza Stix, Fresh orange Wedge, Apple Juice Lunch: Popcorn Chicken & Rice Fruit Slushy, Bake Beans, Rainbow Salad Gr K/1 – Artic (wht)	9 Breakfast: Turkey Ham Melt on Bun, Pineapple Chunks, Craisins Lunch: Philly Cheese Steak on Hoagie Bun, House Salad w/ Grape Tomato, Orange Juice Gr 3/PS/2 – Artic (wht)	10 Breakfast: Frankfurter & Steamed Rice, Chilled Peaches, Grape Juice Lunch: Breaded Chicken Nuggets w/ Sauce, Seasoned Potato Wedge, Rainbow Salad, Apple Wedge	11 Breakfast: Fresh Bake Coffee Cake, Pork Links, Mixed Fruits, Orange Juice Lunch: Roast Turkey w/ Gravy Steamed Rice Peach Slices, Creamy Coleslaw, Fresh Broccoli & Baby Carrots Gr 4/5 – Artic (wht)	12 Teachers' Meeting 
15 	16 Breakfast: Pizza Bagel, Mixed Fruit, Craisin Lunch: Corn Dog Grape Juice, Bake Beans, House Salad w/ Baby Carrots Gr 3/PS/2 – Artic (blue)	17 Breakfast: French Toast w/ Maple Syrup, Fresh Fruit in Season, Apple Juice Lunch: Beef Broccoli & Rice, House Salad w/ Baby Carrots, Dice Pears Gr K/1 – Artic (blue)	18 Breakfast: Eggette w/ WG Toast, Fresh Papaya & Chilled Pineapple Chunks, Grape Juice Lunch: Tuna Dip and Chips Curly Fries, Lettuce Leaf Tomato Slice Orange Wedge Gr 4/5 – Artic (blue)	19 Breakfast: Portuguese Sausage, Steamed Rice, Peach Slice, Orange Juice Lunch: Roast Pork w/ Gravy Steamed Rice Vegetable Juice, Tomato Salad, Pineapple Chunks G 6 – Artic (blue/wht)
22 Breakfast: Maple Pancake Wrap, Slice Peaches, Craisin Lunch: Breaded Chicken Strips w/ Sauce Steamed Rice Applesauce House Salad Gr K/1 – Artic (wht)	23 Breakfast: Portuguese Sausage, Steamed Rice, Fresh Fruits in Season, Orange Juice Lunch: Sloppy Joe on WG Bun Tater Tots, House Salad, Apple Wedge, Shortbread Cookie Gr 3/PS/2 – Artic (wht)	24 Breakfast: Breakfast Chicken Patty, Steamed Rice, Mixed Fruits, Grape Juice Lunch: Tuna Melt Sandwich w/ Asian Slaw, House Salad, Fruit Slushy	25 Breakfast: Fresh Banana Bread, Chilled Pineapple Chunks, Apple Juice Lunch: Chili Frank and Steamed Rice, Pan Roasted Vegetable, Hummus, Baby Carrots, Dice Pears Gr 4/5 – Artic (wht)	26 Breakfast: Fresh Bake Cinnamon Roll, Chilled Pineapple Chunks, Fresh Orange Wedge Lunch: Hot Turkey Sandwich w/ Gravy & Whipped Potatoes, House Salad, Orange Wedge, WG Roll Gr 6 – Artic (wht)
29 Breakfast: Apple Pastry, Fresh Orange Wedge, Apple Juice Lunch: Fish Wedge Steamed Rice Fruit Slushy, Bake Beans, Rainbow Salad Gr K/1 – Artic (blue)	30 Breakfast: Cinnamon Toast & Ham Links, Chilled Pineapple Chunks, Craisin Lunch: Nachos w/ Beef & Cheese Orange Juice, House Salad w/ Grape Tomato Gr 3/PS/2 – Artic (blue)	31 Breakfast: Waffles, Maple Syrup, Fresh Banana, Fresh Apple Wedge Lunch: Cheese Burger on WG Bun Seasoned Potato Wedge, Rainbow Salad, Apple Wedge	