

Cost:
Breakfast \$1.10 **Adult/Non MES student breakfast** \$2.40
Student Lunch \$2.50 **Milk Only** \$.60
Break/Lunch Reduced Meal \$.30/.40 **Adult Lunch** \$5.50
(Milk Included in all lunches)



BREAKFAST: 7:15 – 7:45 A.M.
NOTE: MENU SUBJECT TO CHANGE

Mon	Tue	Wed	Thu	Fri		
2	3	4	5	6		
Breakfast: Pepperoni Pizza Stix, Fresh Orange Wedge, Apple Juice Lunch: Fish Wedge Steamed Rice Fruit Slushy, Bake Beans, Rainbow Salad <p style="text-align: right;">Gr K/1 – Artic (blue)</p>	Breakfast: Frankfurter, Steamed Rice, Chilled Peaches, Grape Juice Lunch: Nachos w/ Beef, Bean & Cheese, House Salad w/ Grape Tomato, Fruit Juice (Orange) <p style="text-align: right;">Gr 3/PS/2 – Artic (blue)</p>	Breakfast: Fresh Banana, Fresh Apples, Rice Krispies, WG Toast, Asst Jelly Lunch: Golden Chicken Tenders Steamed Rice Pickled Cabbage, Hot Broccoli & Carrots, Fresh Fruit in Season <p style="text-align: right;">Gr 4/5 – Artic (blue)</p>	Breakfast: Turkey Ham Melt on ½ WG Bun, Chilled Pineapple Craisin Lunch: Cheese Burger Season Potato Wedge, Veggie Sticks, Apple Wedge <p style="text-align: right;">Gr 4/5 – Artic (blue)</p>	Breakfast: Fresh Bake Coffee Cake, Pork Links, Mixed Fruits, Orange Juice Lunch: Adobo Chicken Steamed Rice Pineapple Chunks, Coleslaw, Fresh Broccoli & Baby Carrots, WG Roll <p style="text-align: right;">Gr 6 – Artic (blue/wht)</p>		
9	10	11	12	13		
Breakfast: Pancakes w/ Syrup, Mixed Fruit , Apple Juice Lunch: Chicken Patty on WG Bun Curly Fries, Lettuce & Tomato, Fresh Fruit in Season <p style="text-align: right;">Gr K/1 – Artic (wht)</p>	Breakfast: Pizza Bagel, Mixed Fruits, Craisin Lunch: Italian Sausage & Cheese Pizza, Bake Beans, House Salad w/ Baby Carrots, Apple Juice <p style="text-align: right;">Gr 3/PS/2 – Artic (wht)</p>	Breakfast: Eglette (Quiche), WG Toast, Fresh Papaya Chunks w/ Pineapple, Grape Juice Lunch: Popcorn Chicken & Mash Potatoes, Roasted Vegetables, Apple Wedge, Banana Muffin <p style="text-align: right;">G4 4 – Artic (wht/blue)</p>	Breakfast: Portuguese Sausage, Steamed Rice, Chilled Peaches, Orange Juice Lunch: Ground Beef Stroganauf French Bread, House Salad w/ Baby Carrots, Peach Slice <p style="text-align: right;">Gr 5 – Artic (wht)</p>	Breakfast: Fresh Bake Applesauce Muffin, Chilled Pineapple, Orange Juice Lunch: Kalua Pork & Cabbage Steamed Rice, Lomi Tomato, Pineapple Chunks <p style="text-align: right;">Gr 6 – Artic (wht)</p>		
16	17	18	19	20		
Breakfast: Fresh Bake Banana Bread, Chilled Pineapple, Apple Juice Lunch: Breaded Chicken Nuggets Steamed Rice Chilled Peaches, Roasted Vegetable, Baby Carrots w/ Hummus <p style="text-align: right;">Gr K/1 – Artic (blue)</p>	Breakfast: Breakfast Chicken Patty, Steamed Rice, Mixed Fruits, Grape Juice Lunch: Beef Hot Dog in WG Bun Tater Tots, Veggie Sticks, Apple Wedge, Shortbread Cookie <p style="text-align: right;">Gr 3/PS/2 – Artic (blue)</p>	Breakfast: Maple Pancake Wrap, Chilled Peaches, Craisin Lunch: Beef Stew, Steamed Rice, WG Roll, House Salad, Chilled Pears 	Breakfast: Portuguese Sausage, Steamed Rice, Fresh Banana, Orange Juice Lunch: Creole Macaroni WG French Bread, House Salad, Fruit Slushy <p style="text-align: right;">Gr 5 – Artic (blue)</p>	Breakfast: Purchased Cinnamon Bun, Chilled Pineapple, Orange Wedge Lunch: Bake Chicken Pasta Alfredo Whipped Potatoes, Carrot, Corn Edamame, Orange Wedge, WG Roll <p style="text-align: right;">Gr 6 – Artic (blue)</p>		
23	24	25	26	27		
Breakfast: Bake Apple Pastry, Fresh Orange Wedge, Apple Juice Lunch: Hot Dog in WG Bun Fruit Slushy, Bake Beans, Rainbow Salad <p style="text-align: right;">Gr K/1 – Artic (wht)</p>	Breakfast: Fried Rice, Scramble Egg, Mixed Fruits, Orange Juice Lunch: Pepperoni Pizza, Peach Slice, Coleslaw, Fresh Broccoli & Baby Carrots <p style="text-align: right;">Gr 3/PS/2 – Artic (wht)</p>	Breakfast: Breakfast Turkey & Egg Sliders, Chilled Peaches, Grape Juice Lunch: Chili & Cheese w/ WG Roll, Potato Wedge, Veggie Sticks, Fresh Fruit in Season 	Breakfast: Belgian Waffle w/ Syrup, Fresh Banana, Apple Wedge Lunch: Fried Saimin & Chicken Egg Roll, House Salad w/ Grape Tomato, Orange Juice <p style="text-align: right;">Gr 4/5 – Artic (wht)</p>	Breakfast: Cinnamon Toast, Ham Links, Chilled Pineapple, Craisin Lunch: Pork Gisantes Steamed Rice, Hot Broccoli & Carrots, Fresh Fruit in Season <p style="text-align: right;">Gr 6 – Artic (wht)</p>		
30						
Breakfast: Cinnamon Bagel w/ Cream Cheese, Chilled Pineapple, Orange Juice Lunch: Beef & Bean Burrito Curly Fries, Lettuce & Tomato Salad, Orange Wedge <p style="text-align: right;">Gr K/1 – Artic (blue)</p>						

