






Cost:			
Breakfast	\$1.10	Adult/Non MES student breakfast	\$2.40
Student Lunch	\$2.50	Milk Only	\$.75
Breakfast/Lunch Red. Meal	\$.30/\$.40	Juice	\$.50
Adult Lunch	\$5.50	(Milk Included in all lunches)	

OCTOBER



BREAKFAST: 7:15 – 7:45 A.M.
NOTE: MENU SUBJECT TO CHANGE



Mon	Tue	Wed	Thu	Fri
1 Breakfast: Apple Pastry, Orange Wedge, Grape Juice Lunch: Hot Dog in Bun, Baked Beans, Rainbow Salad, Fruit Slushy Gr PS/K/1 – Artic (blue)	2 Breakfast: Breakfast Sliders, Peaches, Apple Juice Lunch: Chicken Tenders, w/ Rice, Pickled Cabbage, Broccoli, Carrots, Orange Wedge Gr 2/3 – Artic (blue)	3 Breakfast: Pancake, Oranges, Apple Wedges Lunch: Fried Saimin, Egg Roll, House Salad w/ Tomato, Grape Juice	4 Breakfast: Fried Rice, Eggs, Mixed Fruits, Orange Juice Lunch: Chili Cheese w/ WG Roll, Potato Wedges, Rainbow Salad, Apple Wedges Gr 4/5 – Artic (blue)	5 Breakfast: Cinnamon Toast, Ham Links, Pineapple Chunks, Craisins Lunch: Shoyu Chicken, Rice & WG Roll, Coleslaw, Fresh Broccoli/Baby Carrots Gr 6 – Artic (blue/wht)
No School 8 	9 	10 	11 	12 
15 Breakfast: Breakfast Pork Patty, Biscuit & Gravy, Peaches, Craisins Lunch: Breaded Chicken Nuggets, Rice, Broccoli/Corn, Baby Carrots & Hummus, Pineapple Chunks Gr PS/K/1 – Artic (wht)	16 Breakfast: School Made Breakfast Burrito, Pineapple Chunks. Grape Juice Lunch: Sloppy Joe & Tater Tots, House Salad, Apple Wedge Gr 2/3 – Artic (wht)	17 Breakfast: Belgian Waffle, Mixed Fruit, Orange Juice Lunch: Tuna Melt w/ Slaw, House Salad, Fruit Slushy, Apple Wedge	18 Breakfast: French Toast, Apple Wedge, Grape Juice Lunch: Breaded Chicken Strips w/ Rice, House Salad, Mixed Fruit Gr 4/5 – Artic (wht)	19 Breakfast: Breakfast Quesadilla, Pineapple Chunks, Orange Wedge Lunch: Hot Turkey Sandwich w/ Gravy, Whipped Potato, House Salad, Oranges Gr 6 – Artic (wht)
22 Breakfast: Pepperoni Pizza Stick, Orange Wedge, Apple Juice Lunch: Popcorn Chicken & Rice, Baked Beans, Rainbow Salad, Fruit Slushy Gr PS/K/1 – Artic (blue)	23 Breakfast: Frankfurter, Steamed Rice, Peaches, Grape Juice Lunch: Philly Cheese Steak, House Salad w/ Tomato, Grape Juice Gr 2/3 – Artic (blue)	24 Breakfast: Breakfast Smoothie, Cinnamon Toast, Apple Wedges Lunch: Chicken Tenders w/ Rice, Pickled Cabbage, Broccoli/Carrots, Orange Wedges	25 Breakfast: School Made Coffee Cake, Turkey Sausage Links, Mixed Fruits, Orange Juice Lunch: Breaded Chicken Nuggets & WG Roll, Potato Wedge, Rainbow Salad, Apple Wedge Gr 4/5 – Artic (blue)	26 Breakfast: Turkey Ham & Cheese on WG Bun, Pineapple Chunks, Craisins Lunch: Turkey & Gravy w/ Rice, WG Roll, Coleslaw, Broccoli Florets/Baby Carrots Gr 6 – Artic (blue)
29 Breakfast: WG Pancakes, Oranges, Grape Juice Lunch: Corndog, Baked Beans, House Salad, Baby Carrots, Orange Juice Gr PS/K/1 – Artic (wht)	30 Breakfast: School Made Applesauce Muffin, Pineapple Chunks. Orange Juice Lunch: Baja Fish Tacos w/ Garlic Aioli, Corn Carrots, Edamame, Apple Wedge, Fruited Muffin Gr 2/3 – Artic (wht)	31 Breakfast: Egglette w/ WG Toast, Pineapple Chunks, Apple Juice Lunch: Beef Broccoli & Rice, WG French Roll, House Salad/Baby Carrots, Diced Pears	