

Cost:
 Breakfast \$1.10 Adult/Non MES student breakfast \$2.40
 Student Lunch \$2.50 Milk Only \$.75
 Breakfast/Lunch Red. Meal \$.30/\$.40 Adult Lunch \$5.50
 (Milk Included in all lunches) Juice Only \$.50



BREAKFAST: 7:15 – 7:45 A.M.
 NOTE: MENU SUBJECT TO CHANGE

Mon	Tue	Wed	Thu	Fri
3	4	5	6	7
	Breakfast: School Made Burrito, Pineapple Chunks, Grape Juice, Salsa Lunch: Breaded Chicken Patty w/ Rice and Gravy, Hot Vegetables, Hummus/Baby Carrots, Peaches Gr 2/3 – Artic (blue)	Breakfast: Belgian Waffle w/ Maple Syrup, Mixed Fruit, Orange Juice Lunch: Chili Cheese & WG Biscuit, Tater Tots, House Salad, Apple Wedge, Shortbread Cookie PS/ K/1 – Artic (blue)	Breakfast: French Toast w/ Syrup, Orange Wedge, Apple Juice Lunch: BBQ Pork Sandwich w/ Slaw, House Salad, Fruit Slushy Gr 4/Gr 5 –Artic (blue)	Breakfast: Breakfast Quesadilla, Pineapple Chunks, Orange Wedges Lunch: Oven Baked Chicken w/ Gravy & Whipped Potato, House Salad, Orange Wedge, WG Roll Gr 6- Artic (blue)
10	11	12	13	14
Breakfast: Pepperoni Pizza Sticks, Orange Wedges, Grape Juice Lunch: Popcorn Chicken & Rice, Baked Beans, Rainbow Salad, Fruit Slushy, Orange Wedge Gr K/1 – Artic (wht)	Breakfast: Frankfurter & Steamed Rice, Peaches, Orange Juice Lunch: Chicken Tenders, Rice, Pickled Cabbage, Broccoli & Carrots, Apple Wedge Gr 2/3 - Artic (wht)	Breakfast: Breakfast Smoothie, Cinnamon Toast, Apple Wedges Lunch: Cheese Steak Sandwich, House Salad, Tomato, Grape Juice Gr 4/5 –Artic (wht)	Breakfast: Coffee Cake, Ham Links, Mixed Fruits, Apple Juice Lunch: Breaded Chicken Nuggets & WG Roll, Potato Wedge, Rainbow Salad w/ Watercress, Oranges Gr 4/5 –Artic (wht)	Breakfast: Turkey Ham & Cheese on WG Bun, Pineapple Chunks, Craisins Lunch: Turkey & Gravy w/ Rice, Coleslaw, Broccoli/Baby Carrots, Peaches, WG Roll Gr 6- Artic (wht)
17	18	19	20	21
Breakfast: WG Pancake, Apple Wedge, Orange Juice Lunch: Corn dog, Baked Beans, House Salad, Baby Carrots, Grape Juice Gr PS/K/1– Artic (blue)	Breakfast: Applesauce Muffin, Pineapple Chunks, Apple Juice Lunch: Baja Fish Tacos, Corn/Carrots/Edamame, Apple Wedge, Fruited Muffin Gr 2/3 - Artic (blue)	Breakfast: Egglette w/ WG Toast, Pineapple Chunks, Grape Juice Lunch: Beef Broccoli & Rice, WG Roll, House Salad, Baby Carrots, Pineapple Chunks Gr 4/ 5 –Artic (blue)	Breakfast: Pizza Bagel, Mixed Fruit, Craisins Lunch: Tuna Dip & Chips, Curly Fries, Lettuce Leaf, Tomato Slices, Oranges Gr 4/ 5 –Artic (blue)	Breakfast: Portuguese Sausage, Rice, Peaches, Orange Juice Lunch: Roast Pork w/ Gravy, Rice, Vegetable Juice, Lomi Lomi Tomato, Pineapple Chunks Gr 6- Artic (blue)
24	25	26	27	28
Breakfast: Maple Pancake Wrap, Sliced Peaches, Craisins Lunch: Breaded Chicken Strips, Rice, House Salad, Peaches Gr PS/K/1 – Artic (wht)	Breakfast: School Made Banana Bread, Pineapple Chunks, Apple Juice Lunch: Sloppy Joe, Tater Tots, House Salad, Apple Wedge, Gr 2/3 - Artic (wht)	Breakfast: Breakfast Chicken Patty, Rice, Mixed Fruit, Grape Juice Lunch: Tuna Melt Sandwich w/ Slaw, House Salad, Cherry Slushy Gr 4/5 –Artic (wht)	Breakfast: Portuguese Sausage & Rice, Apple Wedge, Orange Juice Lunch: Chili Frank w/ Rice, Corn/Carrot/Edamame, Baby Carrots, Pears Gr 4/5 –Artic (wht)	Breakfast: Cinnamon Roll, Pineapple Chunks, Orange Wedge Lunch: Hot Turkey Sandwich w/ Gravy, Whipped Potato, House Salad, Oranges, WG Roll Gr 6 – Artic (wht)